

Mariemont Junior High School October, 2019

Main Course Entrée:

Chili Doa Sides:

Seasoned Carrots Assorted Fresh Fruits & Vegetables

Main Course Entrée:

Mash Potato Bowl & Breadstick

Sides:

Steamed Corn Assorted Fresh Fruits & Vegetables

Main Course Entrée:

Chicken or Beef Soft Tacos Sides:

Charro Pinto Beans Assorted Fresh Fruits & Vegetables

Main Course Entrée:

Boneless Wings w. **Assorted Sauces**

Sides:

Steamed Broccoli Assorted Fresh Fruits & Vegetables

Main Course Entrée:

Breakfast for Lunch French Toast Sausage Sides:

Hash Browns Assorted Fresh Fruits & Vegetables

Main Course Entrée:

Spaghetti & Meatballs w/ Breadstick

Sides:

Seasoned

Green Beans Assorted Fresh Fruits & Vegetables

9

Main Course Entrée:

Chicken Quesadilla Sides:

Steamed Carrot Assorted Fresh Fruits & Vegetables

10

Main Course Entrée:

Pollock Fish Nuggets & Breadstick w/ Mac & Cheese Sides:

Sweet Corn Assorted Fresh Fruits & Vegetables

Main Course Entrée:

Grilled Cheese & Tomato Soup

Sides Broccoli

Assorted Fresh Fruits & Vegetables

14

Main Course Entrée:

Chicken Drumstick w/ **Buttered Biscuit** Sides:

Seasoned Green Beans Assorted Fresh Fruits & Vegetables

15

Main Course Entrée:

Cincinnati Chili & Spaghetti Sides:

Steamed Carrots Assorted Fresh Fruits & Vegetables

16

Main Course Entrée:

Philly Steak & Cheese

Sweet Corn Assorted Fresh Fruits & Vegetables

Main Course Entrée:

Beef or Chicken Nacho's

Sides:

Refried Beans Assorted Fresh Fruits & Vegetables

18

No **School**

21

Main Course Entrée:

Pollock Breaded Fish Nuggets & Breadstick Sides:

Steamed Zucchini Assorted Fresh Fruits & Vegetables

22

Main Course Entrée:

Ciabatta Chicken Bacon Melt

Sides:

Seasoned Green Beans Assorted Fresh Fruits & Vegetables

Main Course Entrée:

Cheese Ravioli & Marinara & Garlic **Breadstick**

Sides:

Sweet Corn Assorted Fresh Fruits & Vegetables

Main Course Entrée:

Nacho Cheese Walking Taco w/ Rice Sides:

Assorted Fresh Fruits & Vegetables Steamed Broccoli

Main Course Entrée:

Grilled Cheese & Tomato Soup

Sides: Steamed Broccoli Fresh Fruit & Vegetables

28

Main Course Entrée:

Meatloaf w/ Brown Gravy_& Roll Sides:

Mashed Potatoes Assorted Fresh Fruits & Vegetables

29

Main Course Entrée:

Italian Sub Sides:

Spinach

Assorted Fresh Fruits & Vegetables

Main Course Entree

Cheesy Penne Pasta & Breadstick

Steamed Zucchini Assorted Fresh Fruits & Vegetables

Main Course Entrée:

Pancakes & Sausage Sides:

Tater Puffs Assorted Fresh Fruits & Vegetables

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More info...

Available Daily: Salad Bar, Hamburgers, Cheeseburgers, Hot Dog Bar, Breaded Chicken, Spicy

Chicken, & Grilled Chicken Sandwiches. Specialty Salads available

Make it a meal!

A choice of milk, fruit, and vegetables are included with every meal.

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